



PLEASANT VALLEY SCHOOL DISTRICT

Food Service Department
1671 Route 209
Brodheadsville, Pennsylvania 18322
Telephone: (570) 402-1000 ext 8452 / Fax: (570) 992-2412
Hendricks.Beverly@PVbears.org



Beverly Hendricks
Director of Food Service

Welcome to the Pleasant Valley School District!

Dear Parent / Guardian

Breakfast and lunch is served at all of our schools in the district. Students that qualify for free or reduced lunch also qualify for free or reduced breakfast. To apply for free or reduced meals click on <https://www.schoolcafe.com/>. The link will take you to the website and walk you thru the application process. You can apply anytime during the school year if your household income changes. The application portal is located on our district website under Department - Food



Services - on the left is **Meal Applications** click on this link to access the portal.

Meal Requirements

There are certain guidelines we must follow for both breakfast and lunch. Meals served in each of the Cafeterias are part of the National School Breakfast Program (NSBP) and National School Lunch Program (NSLP). The meal patterns required by the NSLP regulations are designed so that over a period of time, school lunches will provide children with approximately one-third of the nutrients they need according to the Recommended Dietary Allowances.

A school lunch consists of five different components:

1. Meat /Meat Alternative
2. Breads/Grains
3. Fruits
4. Vegetables
5. Milk

Offer vs Serve

A student must choose at least 3 of the 5 components offered to make a reimbursable meal. One of the 3 components must be either a serving of fruit or a serving of vegetables, **if not the lunch is incomplete and will be charged as ala carte**. We encourage our students to take all five components with the "offer vs Serve" program it allows students to choose which items they want and helps eliminate plate waste generated from forcing children to take components they may not eat.

MILK

Milk choices are 1% white milk, fat-free white milk, fat-free chocolate milk, and fat-free strawberry milk.



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The National School Lunch Program requires that schools offer only milk with a student meal. In order for a student to receive a substitute for their milk, a current physician's statement must be on file with the Food Service Office and school health room. A current physician's statement must be submitted each school year. This form is located on the website under the tab forms.

Meal Accounts - Point of Sale - Etrition

The District POS computerized system is Etrition it allows us to provide a more efficient program for students, parents and our cafeteria staff. Each student is issued an ID at their school. As a student enters the Cafeteria, they decide their purchases and scan their ID under the scanner. The students account along with their picture will open on the cashier's screen. Through My School bucks it allows parents to view their child's account, view their balance & purchases, and make on line payments to their account.

Payments & Refunds

Deposits may be made in the following forms to the Cafeteria – Cash, On-Line or Check. Checks are to made payable to **Pleasant Valley Food Service Account** in dark blue or dark black ink. The bank will not process checks in any other colored ink. There is a \$10.00 fee for any check returned. Deposits may be made by the students in the morning to the Cafeteria.

Refunds on accounts and / or transfers between accounts can be obtained by emailing Mrs. Beverly Hendricks at Hendricks.Beverly@pvbears.org or sending a letter to Mrs. Beverly Hendricks Director of Food Services , 1671 Route 209 , Brodheadsville, PA 18322. For your convenience we have a refund form located under forms you may fill out and email/mail to our office. For refunds please include the students name, I D number, who the check should be made out to, address to send the check to. For transfers, please include the students name, ID number from where you are transferring the money from as well as the student's name, ID number the money will be deposited into.

Children need healthy meals to learn. Pleasant Valley School District offers healthy meals every school day. Breakfast costs \$1.60 per day; lunch costs \$2.85 per day (grades 1-7) or \$2.95 per day (grades 8-12); milk 50¢. Your children may qualify for free meals or for reduced price meals. Reduced price is \$0.30 per day for breakfast and \$0.40 per day for lunch.

Thank You,
Beverly Hendricks
Director of Food Services